

"In 10 sedute ti sentirai meglio, in 20 migliorerai il tuo aspetto fisico, in 30 avrai un corpo nuovo"
Joseh Pilates

Il Lunedì 18.45 - 19.45	Il Mercoledì 19.00-20.00
28-set-2020	30-set-2020
05-ott-2020	07-ott-2020
12-ott-2020	14-ott-2020
19-ott-2020	21-ott-2020
26-ott-2020	28-ott-2020
02-nov-2020	04-nov-2020
09-nov-2020	11-nov-2020
16-nov-2020	18-nov-2020
23-nov-2020	25-nov-2020
30-nov-2020	02-dic-2020
07-dic-2020	09-dic-2020
14-dic-2020	16-dic-2020
21-dic-2020	23-dic-2020
Natale	Natale
11-gen-2021	13-gen-2021
18-gen-2021	20-gen-2021
25-gen-2021	27-gen-2021
01-feb-2021	03-feb-2021
08-feb-2021	10-feb-2021
15-feb-2021	17-feb-2021
22-feb-2021	24-feb-2021
01-mar-2021	03-mar-2021
08-mar-2021	10-mar-2021
15-mar-2021	17-mar-2021
22-mar-2021	24-mar-2021
29-mar-2021	31-mar-2021
Pasqua	Pasqua
12-apr-2021	07-apr-2021
19-apr-2021	14-apr-2021
26-apr-2021	21-apr-2021
03-mag-2021	28-apr-2021
10-mag-2021	05-mag-2021
17-mag-2021	12-mag-2021
24-mag-2021	19-mag-2021
	26-mag-2021